

# MORNINGSIDE PROGRAMS

# March 2010

SUN	MON.	TUES.	WED.	THURS.	FRI.	SAT.
	<b>1</b> 9:30 SENIOR STRETCH 9:45 WALKING CLUB <b>9:45 WINTER DRIVE</b> 11:00 MELODY & HARMONY 1:00 TRIVIA 1:30 WATERCOLOR WORK 2:30 WII BASEBALL 3:00 WHAT'S NEXT? 4:00 MUSIC PROGRAM 6:00 MARY'S MELODIES 7:00 JACK PICKS THE FLIX	<b>2</b> 9:30 RHYTHM STRETCH 9:45 WALKING GROUP <b>9:45 OUT FOR COFFEE</b> <b>10::30 KINDERMUSIK</b> 11:00 MELODY & HARMONY <b>NOON DINER'S CLUB</b> 1:30 KITCHEN KORNER 2:30 CRAFTS 3:30 MIND JOGGERS 4:00 EXERCISE 6:00 CLAIRE'S CHORUS 7:00 THE LUCY SHOW	<b>3</b> 9:30 WORK OUT! 9:45 WALKING GROUP 10:00 SWEET TREATS <b>10:45 MAGICAL MOVEMENTS</b> 11:00 MELODY & HARMONY 1:00 MEMORY WORK OUT 1:30 AFTERNOON TEA 3:00 SWING 'N SWAY 3:30 REMINISCING 4:00 JUDY GARLAND 6:00 LILLIAN'S LYRICS 7:00 GOLDEN GIRLS	<b>4</b> 9:30 FITNESS FUN 9:45 WALKING GROUP <b>10:00 MUSIC WITH LISA</b> 11:00 MELODY/HARMONY 1:00 3 OF A KIND 1:30 ART CLASS 2:30 JEWELRY CLASS 3:30 MANICURES 6:00 CLAIRE'S CHORUS 7:00 CLASSIC MOVIES	<b>5</b> 9:30 WORK OUT! 9:45 WALKING GROUP 10:00 CROSSWORDS 11:00 MELODY & HARMONY 1:00 TRIVIA 1:30 WRITER'S WORKSHOP 2:30 EXERCISE/TRIVIA 3:30 WII FUN 4:30 WORK OUT! 6:00 CLAIRE'S CHORUS 7:00 MUSIC CLASSICS	<b>6</b> 9:30 FIT AS A FIDDLE! 9:45 WALKING GROUP 10:00 BRAIN GAMES 11:00 MELODY & HARMONY 1:00 MIND JOGGERS 1:30 WALKING GROUP 2:00 SCRABBLE/CARDS & PUZZLES 3:00 JINGO 4:00 WII FUN 6:00 MYRTLE'S MUSIC 7:00 LAWRENCE WELK
<b>7</b> 9:30 SUNDAY STRETCH <b>10:00 MUSIC WITH CHARLIE SAVAGE</b> 11:00 MELODY & HARMONY 1:00 MEMORY JOGGERS 1:30 EXERCISE GROUP 2:00 CRAFTS 3:00 WII BOXING 6:00 SONGFEST 7:00 GOLDEN GIRLS	<b>8</b> 9:30 EXERCISE 9:45 WALKING GROUP <b>9:45 COASTAL DRIVE</b> 11:00 MELODY & HARMONY 1:00 TRIVIA 1:30 WORD SEARCH 2:30 WII FUN 3:00 TRIVIA 4:00 WORK OUT! 6:00 CLAIRE'S CHORUS 7:00 TIP'S FLIX	<b>9</b> 9:30 MOVE MY MORNIN'! 9:45 WALKING GROUP <b>9:45 CITY TOUR</b> 10:30 KINDERMUSIK 11:00 MELODY & HARMONY <b>NOON DI NER'S CLUB</b> 1:00 WHAT'S NEXT? 1:30 KITCHEN KORNER 3:00 JINGO 4:00 DANNY O'DONNELL 6:00 LILLIAN'S LYRICS 7:00 I LOVE LUCY	<b>10</b> 9:30 BEND 'N STRETCH 9:45 WALKING GROUP 10:00 SWEET TREATS <b>10:45 MAGICAL MOVEMENTS</b> 11:00 MELODY & HARMONY 1:00 WHAT'S IN THE CAN? 1:30 COCOA SOCIAL 2:00 POETRY WORKS 3:00 FAMOUS PHOTOS 4:00 WII FUN 6:00 CLARIE'S CHORUS 7:00 GOLDEN GIRLS	<b>11 Tip's Birthday</b> 9:30 FITNESS FIRST 9:45 WALKING GROUP <b>10:00 MUSIC WITH LISA</b> 11:00 MELODY & HARMONY 1:00 MIND STRETCHERS 1:30 WALKS/EXERCISE 2:00 ARTFUL EXPRESSION 3:00 TIP'S PARTY 4:00 MUSICAL MANICURES 6:00 MARY'S MELODIES 7:00 JACK PICKS THE FLIX	<b>12</b> 9:30 WORK OUT! 9:45 WALKING CLUB 10:00 COOKING CLASS 11:00 MELODY & HARMONY 1:30 CROSSWORDS <b>2:30 CONCERT: LONGFELLOW ROOM</b> 3:00 HORSESHOES 4:00 REMINISCING 6:00 CLAIRE'S CHORUS 7:00 COMEDY CLASSICS	<b>13</b> 9:30 FIT AS A FIDDLE! 9:45 WALKING GROUP 10:00 MEMORY FITNESS 11:00 MELODY & HARMONY 1:00 TRIVIA 1:30 EXERCISE/WALKS 2:00 PUZZLES/CAR DS 3:00 MIND TEASERS 4:00 MUSIC PROGRAM 6:00 MYRTLE'S MUSIC 7:00 LAWRENCE WELK
<b>14</b> 9:30 SUNDAY STRETCH 9:45 WALKING GROUP <b>10:00 MUSIC / BILL BYRON</b> 11:00 MELODY & HARMONY 1:00 WALKING GROUP 1:30 MIND JOGGERS 2:00 CRAFTS/SHAMROCKS 3:00 BINGO 4:00 TRIVIA 6:00 SONGFEST 7:00 GOLDEN GIRLS	<b>15</b> 9:30 EXERCISE 9:45 WALKING GROUP <b>10:00 WATERCOLOR WORK</b> 11:00 MELODY & HARMONY 1:30 MIND TEASERS 2:00 CROSSWORDS 3:00 WII BASEBALL 4:00 TRIVIA 6:00 CLAIRE'S CHORUS 7:00 TIP'S FLIX	<b>16</b> 9:30 MOVE MY MORNIN'! 9:45 WALKING GROUP <b>9:45 JOY RIDE!</b> 11:00 MELODY & HARMONY <b>NOON DINER'S CLUB</b> 1:00 LEPRECHAUN TRIVIA 1:30 EXERCISE 2:00 BAKING IRISH BREAD 3:00 HISTORY OF ST. PATTY 4:00 MEMORY WORK OUT 6:00 LILLIAN'S LYRICS 7:00 MARY TYLER MOORE	<b>17 ST. PATRICK'S DAY!</b> 9:30 BEND 'N STRETCH 9:45 WALKING GROUP 10:00 SWEET TREATS 11:00 MELODY & HARMONY <b>10:45 MAGICAL MOVEMENTS</b> 1:00 CHICKEN SOUP/SOUL 2:00 ST. PATTY'S PARTY 3:00 SWING 'N SWAY 4:00 TRIVIA 6:00 CLAIRE'S CHORUS 7:00 GOLDEN GIRLS	<b>18</b> 9:30 FITNESS FIRST 9:45 WALKING GROUP <b>10:00 MUSIC WITH LISA</b> 11:00 MELODY & HARMONY 1:00 MIND STRETCHERS 1:30 BOOK REVIEWS 2:00 POET'S CORNER 3:00 MUSICAL MANICURES 6:00 MARY'S MELODIES 7:00 JACK PICKS THE FLIX	<b>19</b> 9:30 WORK OUT! 9:45 WALKING GROUP 10:00 FAMOUS PHOTOS 11:00 MELODY & HARMONY 1:00 MEMORY WORK 1:30 CRAFTS 2:30 BINGO 3:30 WII BASEBALL 6:00 SONGFEST 7:00 CLAIRE'S CHORUS	<b>20 SPRING BEGINS</b> 9:30 FIT AS A FIDDLE! 9:45 WALKING GROUP 10:00 MEMORY WORK OUT! 11:00 MELODY & HARMONY 1:00 TRIVIA 1:30 EXERCISE/WALKS 2:00 CARDS/SCRABBLE 3:30 WII FUN 4:00 MIND STRETCHERS 6:00 MYRTLE'S MUSIC 7:00 LAWRENCE WELK

<p><b>21</b></p> <p>9:30 SUNDAY STRETCH 9:45 WALKING CLUB <b>10:00 PAUL HARTY ENTERTAINS</b> 11:00 MELODY &amp; HARMONY 1:00 EXERCISE/WALKING 1:30 MEMORY WORKOUT 2:30 WII BOWLING 3:30 SUNDAY CINEMA 6:00 SONGFEST 7:00 GOLDEN GIRLS</p>	<p><b>22</b></p> <p>9:30 RHYTHM STRETCH 9:45 WALKING CLUB <b>9:45 SCENIC DRIVE</b> 11:00 MELODY &amp; HARMONY <b>1:00 A TO Z TRIVIA</b> 1:30 POETRY 2:30 WII BOXING 3:30 WORK OUT! 4:00 TRIVIA 6:00 CLAIRE'S CHORUS 7:00 TIP'S FLIX</p>	<p><b>23</b></p> <p>9:30 MOVE MY MORNIN'! 9:45 WALKING CLUB <b>10:00 ARTZ/NATIONAL HERITAGE MUSEUM</b> 11:00 MELODY &amp; HARMONY 1:00 MIND FITNESS 1:30 KITCHEN KORNER 2:30 FAMOUS FACES 3:00 MEMORY WORK 3:30 WII BASEBALL 6:00 LILLIAN'S LYRICS 7:00 I LOVE LUCY</p>	<p><b>24</b></p> <p>9:30 SENIOR STRETCH 9:45 WALKING CLUB 10:00 SWEET TREATS <b>10:45 MAGICAL MOVEMENTS</b> 11:00 MELODY &amp; HARMONY 1:00 MEMORY JOGGERS 1:30 WORD SEARCH CARDS/BOARD GAMES 2:30 POET'S CORNER 3:00 WII BOWLING 4:00 REMINISCING 6:00 CLAIRE'S CHORUS 7:00 CLASSIC MOVIES</p>	<p><b>25 Oscar's Birthday</b></p> <p>9:30 EXERCISE 9:45 WALKING GROUP <b>10:00 MUSIC WITH LISA</b> 11:00 MELODY &amp; HARMONY 1:00 TRIVIA 1:30 WALKING GROUP 2:00 OSCAR'S PARTY 3:00 MUSICAL MANICURES 4:00 OPPOSITES /TRIVIA 6:00 MARY'S MELODIES 7:00 JACK PICKS THE FLIX</p>	<p><b>26</b></p> <p>9:30 SING N' STRETCH 9:45 WALKING CLUB 10:00 POETRY 11:00 MELODY &amp; HARMONY 1:00 TRIVIA 1:30 WRITER'S WORKSHOP <b>230 JAZZ CONCERT: LONGFELLOW ROOM</b> 3:00 DANNY O'DONNELL 4:00 WII FUN 6:00 CLAIRE'S CHORUS 7:00 MOVIE CLASSICS</p>	<p><b>27 EASTER EGG HUNT</b></p> <p>9:30 FIT AS A FIDDLE! 9:45 WALKING CLUB 10:00 MAINTAIN YOUR BRAIN 11:00 MELODY &amp; HARMONY! 1:00 TRIVIA 1:30 EXERCISE/WALKS 2:00 CRAFTS 3:00 BINGO 4:00 THREE TENORS 6:00 MYRTLE'S MUSIC 7:00 LAWRENCE WELK HOUR</p>
<p><b>28 PALM SUNDAY</b></p> <p>9:30 SUNDAY STRETCH 9:45 WALKING GROUP <b>10:00 MUSIC WITH BILL BYRON</b> 11:00 MELODY &amp; HARMONY 1:00 WALKING GROUP 1:30 MIND JOGGERS 2:00 SCRABBLE/PUZZLES CARDS 3:00 BINGO 4:00 TRIVIA 6:00 SONGFEST 7:00 GOLDEN GIRLS</p>	<p><b>29 PASSOVER BEGINS</b></p> <p>9:30 EXERCISE 9:45 WALKING GROUP <b>9:45 CITY TOUR</b> 11:00 MELODY &amp; HARMONY 1:30 MIND TEASERS 2:00 CROSSWORDS 3:00 WII BASEBALL 4:00 TRIVIA 6:00 CLAIRE'S CHORUS 7:00 TIP'S FLIX</p>	<p><b>30</b></p> <p>9:30 SENIOR STRETCH 9:45 WALKING CLUB 9:45 OUT FOR COFFEE <b>10:30 KINDERMUSIK</b> 11:00 MELODY &amp; HARMONY <b>NOON DINER'S CLUB</b> 1:00 TRIVIA 1:30 KITCHEN KORNER: MAKING LATKES 2:30 WORD SEARCH 3:00 WHAT'S NEXT? 4:00 MUSIC PROGRAM 6:00 MARY'S MELODIES 7:00 MARY TYLER MOORE</p>	<p><b>31</b></p> <p>9:30 WORK OUT! 9:45 WALKING GROUP 10:00 SWEET TREATS <b>10:45 MAGICAL MOVEMENTS</b> 11:00 MELODY &amp; HARMONY 1:00 MEMORY WORK OUT 2:00 CROSSWORDS 3:00 SWING 'N SWAY 3:30 REMINISCING 4:00 MUSIC PROGRAM 6:00 LILLIAN'S LYRICS 7:00 GOLDEN GIRLS</p>			